

## Youth beginners' courses

*The certificates within our Youth Sailing Scheme are a significant achievement. Instructors sign off each skill as you complete it and, once completed, your certificate can be of use in other areas of your study or activities such as PE at school, or the Duke of Edinburgh Award Scheme.*

*The RYA runs a programme called Onboard, which enables children to start sailing and windsurfing through their school's PE activities.*

### **Youth beginners' courses**

The Youth Scheme is usually completed in small dinghies suitable for your size. However, it can also be completed in keelboats and multihulls.

To make the most of our courses, ensure you are confident with the skills of one course before moving on to the next course. Most courses are a minimum of two days long (or an equivalent number of short sessions). They may be run over a longer period, especially if you haven't sailed since your last course. Sailing is a sport which gets better with practice, and you should try to sail between courses whenever you can. Practice makes perfect!

Youth Sailing Scheme Stage 1

Youth Sailing Scheme Stage 2

Youth Sailing Scheme Stage 3

Youth Sailing Scheme Stage 4

Please contact us for details

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Or

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